

Meyer Catering Services

When a good diet helps recovery

Meals for hospitalised children and teenagers.

At home, at school or on holiday, breakfast, lunch and dinner are important times of the day; they provide a routine and have a reassuring effect. In hospital, meals have a special significance because food is an integral part of care.

A correct diet has a fundamental influence on health and the nutritional characteristics of food become the precious “ingredients” during the healing process. In the case of some illnesses, nutritional intervention has a specific therapeutic objective and can help in treating complications.

For this reason, we have asked the catering company that provides the meals for the wards and for the canteen, to use high quality, seasonal and biological products, the origins of which can be easily traced. In fact, the menu indicates which products are fresh, frozen or biological.

If there are no dietary restrictions, it is possible to choose from the menu. If however, a particular diet needs to be followed, Meyer's dietician will provide a consultation and explain which foods are better than others.

We are investing in the educational value of the hospital catering service, in the quality of service and in the nutritional importance of each meal, taking into consideration both local food culture and of course the taste factor, so

Buon appetito!

The Management

Meals for parents and chaperones

In line with the hospital catering quality policy, the Meyer canteen is open to the parents and chaperones of children and teenagers who have been admitted to the hospital.

Breast-feeding mothers (of infants up to the age of 12 months) can eat free of charge by presenting a green canteen voucher that is available from the ward staff.

Parents (or chaperones) who wish to eat in the canteen can get a red canteen ticket from ward staff and present this, together with €5, at the canteen till.

Other family members can eat in the canteen by presenting a yellow ticket at the till, available from the URP Box, together with €6.50. From Monday to Friday the canteen is only accessible after 14:00; on Saturdays and holidays it is accessible for the entire duration of its opening hours.

In special circumstances, parents can eat in the ward by paying €6.50 when booking the meal at the canteen till. In no circumstance is it possible to eat inside the sub-intensive reanimation ward, the neonatal intensive care ward or the reanimation and neuroscience ward.

Remember:

Meals eaten in the canteen or in the ward, need to be paid for directly in the canteen.

The canteen is open 7 days a week. Lunch on weekdays is served from 11:45 to 15:00 and on Saturday, Sunday and Holidays from 12:00 to 14:00. Dinner is served, every day, from 19:15 to 20:30.