

CATERING AT MEYER HOSPITAL

Meals for hospitalized children and young people

In hospital, meals take on a special meaning because food is an integral part of treatment.

Correct nutrition is an extraordinary health factor and the nutritional characteristics of foods become a precious "ingredient" in the healing process.

In the presence of particular pathologies, nutritional intervention takes on specific therapeutic purposes and can help in the prevention of complications.

When the diet is free, it is possible to choose based on the menu offering; if, however, it is necessary to follow a particular diet, Meyer's dietician intervenes and explains why some foods are preferable to others.

Enjoy your meal!

The Management.

Meals in hospital for the parent/caregiver

For lunch and dinner the parent/caregiver can use the catering service by going directly to the canteen. Other family members/caregiver can go to the hospital bar, open until 8.30pm.

To use the service, you must have a special red or green ticket (handed over by the person in charge of the hospitalization unit).

The cost of the meal, paid by the parent, is 5.70 euros.

Canteen schedule

- **lunch:** Monday to Friday from 2pm to 3pm (Saturday, Sunday and holidays, from 12pm to 2pm);
- **dinner:** from 6.30pm to 8pm

Servizio consegna vassoio in reparto

Tray delivery service at the ward

The meal, free for the user, is delivered to the ward via tray exclusively for the companion of the patient in isolation and for the companion of the hospitalized patient under 8 months of age (excluding the TIN, RIA, SUB-INT departments , and OBI Units).

Please remember:

The service:

- **can be used by ONLY ONE parent/companion per hospitalized patient**
- **is excluded in cases of Day Hospital and outpatient visits**